CHLORHEXIDINE WASH CLOTHS

How can Chlorhexidine Wash Cloths protect me?

They contain an ingredient called 2% Chlorhexidine gluconate which not only kills all the potentially harmful bacteria that can be found on your skin, but also binds to your body for many hours forming an invisible barrier against germs. The cloths can provide you with an extra level of protection to further reduce the very small risk of an infection following your surgery.

How do I use Clinell Chlorhexidine Wash Cloths?

Clinell Chlorhexidine Wash Cloths are very easy to use with each pack containing 4 large cloths. These are for your use only and will enable you to cleanse and disinfect your body using the method described below.

DIRECTIONS

Following the steps below, make sure to wipe all areas of your body thoroughly to ensure maximum protection. Discard wipes after use. If you are unable to use the wipes yourself, your partner or another carer should be asked to assist you. Your body will feel sticky for a while as the chlorhexidine binds to your skin.

Have a bath or shower then dry off vigorously.

WIPE 1 - Use on your face (especially around nose and ears), neck, chest and both arms. Avoid contact with your eyes.

WIPE 2 - Use on your back, abdomen, groin and buttock area in that order if possible.

WIPE 3 - Use on both legs.

WIPE 4 - Repeat the wipe over the specific surgical site (e.g. right hip as shown) and surrounding area.

Let your body air dry. Do not wash skin again for several hours after using wipes.

Perform the whole procedure twice - once the night before surgery and then again on the morning of your operation before coming to hospital. Discontinue use if irritation develops. If irritation persists for more than 72 hours seek medical advice.

If you have any questions regarding the use of these Clinell Wash Cloths, speak to the pre-op nurse.